

Available Meal Selections:

Selections rotate on a 5 week cycle. **Available Monday- Friday**
(No meal delivery services available on Saturday, Sunday and Holidays)

Monday	Tuesday	Wednesday	Thursday	Friday
Week #1				
Lunch: Meatloaf w/Gravy Mashed Potatoes, Cut Corn Dinner: Clam Linguini w/Red Sauce Italian Blend Key Lime Squares	Lunch: Orange Chicken White Rice, Crinkle Cut Carrots Dinner: Hamburger Steak White Rice, Garden Peas Strawberry Romanoff	Lunch: Sloppy Joes French Green Beans Dinner: BBQ Ribs White Rice, Corn Tirimisu Cake	Lunch: Chicken Bruschetta White Rice, Key West Blend Dinner: Meat Lasagna Baby Lima Beans Butter Mochi	Lunch: Seafood Crispy Noodle Peas & carrots Dinner: Huli Huli Style Chicken White Rice, Mixed Vegetables Mocha Cheesecake
Week #2				
Lunch: Hamburger Curry White Rice, Broccoli Spears Dinner: Beef Asado White Rice, Cut Corn Chocolate Haupia Pie	Lunch: Chicken Long Rice White Rice, Cut Green Beans Dinner: Oxtail Stew White Rice, Mixed Vegetables Apple Crisp	Lunch: Teriyaki Hamburger w/Bun, Cut Corn Dinner: Beef Stroganoff w/Egg Noodles Garden Peas Coconut Cake	Lunch: Hot Turkey Sandwich Sicilian Blend Dinner: Pork Tofu, White Rice Chopped Spinach Mac Nut Brownie	Lunch: BBQ Chicken White Rice, Peas and Carrots Dinner: Beef Burgundy Cauliflower, White Rice Cherry Torte Bar
Week #3				
Lunch: Chicken Katsu White Rice, Sliced Carrots Dinner: Beef Stew White Rice, Country Trio Pina Colada Cake	Lunch: BBQ Pork Sandwich Mixed Vegetables Dinner: Beef Nishime White Rice, Chopped Spinach Rocky Road Cake	Lunch: Chinese Style Fresh Fish White Rice, Vegetable Medley Dinner: Chicken Lasagna Garden Peas Chocolate Rasp. Truffle Cake	Lunch: Chicken Curry White Rice, Asian Blend Dinner: Roast Pork , White Rice Riviera Blend Blueberry Crisp	Lunch: Hamburger Steak White Rice, Broccoli Dinner: Teriyaki Chicken White Rice, Mixed Vegetables Tapioca Pudding
Week #4				
Lunch: Kalua Pig and Cabbage White Rice, Capri Blend Dinner: Beef Curry White Rice, Cut Corn Pecan Pie	Lunch: Baked Ziti w Garlic Bread, Chopped Spinach Dinner: Misoyaki Chicken White Rice, Sliced Carrots Chocolate Tapioca	Lunch: Hot Roast Beef Sandwich Broccoli Spears Dinner: Chicken Nuggets White Rice, Cut Corn Choc. Peanut Butter Brownies	Lunch: Sauteed Fish w/ Fried Rice, Tartar Sauce Sliced Carrots Dinner: Turkey Tetrazzini, Mixed Veg., Cherry Crisp	Lunch: Chicken Picata Wild Rice Pilaf, Cut Corn Dinner: Chicken Ala King White Rice, Broccoli Oreo Cookie Cheesecake
Week #5				
Lunch: Chicken Enchilada Spanish Rice, Peas & Carrots Dinner: Hungarian Goulash egg noodle, Crinkle Cut Carrots Lemon Bars	Lunch: Chinese Style Fresh Fish White Rice, Mixed Veg Dinner: Chicken Curry White Rice, Garden Peas Red Velvet Cake	Lunch: Shoyu Chicken Crinkle Cut Carrots, White Rice Dinner: Pork Nishime White Rice, Green Beans Lemon Meringue Pie	Lunch: Chili w/Hot Dog White Rice, Corn Dinner: Chicken Jambalaya Chopped Spinach Custard Pie	Lunch: Chicken Meatball w/ Marinara and Angel Hair Pasta Garden Peas Dinner: Fish Almondine, Rice, Mixed Vegetables Dreamside Cake

Submit orders to Laura Zink no later than the 28th day of the month prior to service. #983-5900 | laura.zink@arcadia-hi.org